

Date		Total Calories	Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (Mg)	Carbs (G)	Sugar (G)	Sodium (Mg)	Fiber (G)	Protein (G)	Base Serving Size Amount
October												
10/1/2024	Double Chocolate Oat Bar	150	5g	1g	0g	0mg	24g	9g	110mg	3g	2g	1 each
10/2/2024	WG Cheerios Strawberry Cereal Bar	160	3.5g	0.5g	0g	0mg	29g	9g	90mg	3g	2g	1 each
10/4/2024	WG Cocoa Krispies Cereal Bowl	120	0.5g	0.5g	0g	0mg	28g	12g	136mg	1g	2g	1 each
10/7/2024	Emoji Cracker W. Cheese Stick	120	4g	1g	0g	0mg	21g	8g	105mg	1g	1g	1 each
10/7/2024	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
10/8/2024	Nutri- Grain Bar	150	3.5g	.5g	0g	0mg	31g	14g	140mg	3g	2g	1 each
10/9/2024	WG Ultimate Breakfast Round	310	10g	3g	0g	5mg	50g	21g	210mg	5g	6g	1 each
10/10/2024	Animal Cracker	120	3.5g	1g	0g	0mg	22g	8g	115mg	2g	2g	1 each
10/10/2024	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
10/11/2024	Chef Choice											
10/15/2024	Campfire Smore Bar	150	5g	1.5g	0g	0mg	24g	9g	50mg	1g	2g	1 each
10/16/2024	WG Golden Grahams Cereal Bar	150	3.5g	0g	0g	0mg	30g	9g	115mg	3g	9g	1 each
10/17/2024	Strawberry Oatmeal Bar	140	4.5g	0.5g	0g	0mg	23g	9g	75mg	1g	2g	1 each
10/18/2024	WG Trix Cereal Bowl	110	1.5g	0g	0g	0mg	23g	6g	160mg	1g	2g	1 each
10/21/2024	Apple Oatmeal Bar	140	4.5g	.5g	0g	5mg	23g	17g	90mg	1g	2g	1 each
10/22/2024	WG Banana Muffin	180	7g	1.5g	0g	10mg	28g	15g	100mg	1g	2g	1 each
10/23/2024	Super Donut	150	5g	1.5g	0g	0mg	23g	12g	190mg	1g	4g	1 each
10/24/2024	WG Fudge Pop tart	170	3g	1g	0g	0mg	36g	15g	120mg	3g	2g	1 each
10/25/2024	Chef Choice											1 each
10/28/2024	Chocolate Oatmeal Bar	140	4.5g	1g	0g	5mg	23g	9g	75mg	1g	2g	1 each
10/29/2024	Chocolate Muffins	200	8g	1.5g	0g	10mg	29g	28g	125mg	2g	3g	1 each
10/30/2024	WG Trix Cereal Bar	160	3.5g	.5g	0g	0mg	29g	18g	105mg	3g	2g	1 each
10/31/2024	cinnamon Caramel Pastry	210	6g	1g	0g	0mg	35g	10g	280mg	2g	5g	1 each