

Date		Total Calories	Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (Mg)	Carbs (G)	Sugar (G)	Sodium (Mg)	Fiber (G)	Protein (G)	Base Serving Size Amount
11/1/24	Mini Cinnamon Waffles	190	5g	1.5g	0g	0mg	34g	8g	210mg	4g	4g	1 each
11/6/24	Animal Cracker	120	3.5g	1g	0g	0mg	22g	8g	115mg	2g	2g	1 each
11/6/24	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
11/7/24	WG Ultimate Breakfast Round	310	10g	3g	0g	5mg	50g	21g	210mg	5g	6g	1 each
11/8/24	Chef Choice											
11/11/24	Emoji Cracker	120	4g	1g	0g	0mg	21g	8g	105mg	1g	1g	1 each
11/12/24	Campfire Smore Bar	150	5g	1.5g	0g	0mg	24g	9g	50mg	1g	2g	1 each
11/13/24	WG Golden Grahams Cereal Bar	150	3.5g	0g	0g	0mg	30g	9g	115mg	3g	9g	1 each
11/14/24	Strawberry Oatmeal Bar	140	4.5g	0.5g	0g	0mg	23g	9g	75mg	1g	2g	1 each
11/15/24	Chocolate Muffins	200	8g	1.5g	0g	10mg	29g	28g	125mg	2g	3g	1 each
11/18/24	Apple Oatmeal Bar	140	4.5g	.5g	0g	5mg	23g	17g	90mg	1g	2g	1 each
11/19/24	WG Banana Muffin	180	7g	1.5g	0g	10mg	28g	15g	100mg	1g	2g	1 each
11/20/24	Super Donut	150	5g	1.5g	0g	0mg	23g	12g	190mg	1g	4g	1 each
11/21/24	WG Fudge Pop tart	170	3g	1g	0g	0mg	36g	15g	120mg	3g	2g	1 each
11/22/24	WG Trix Cereal Bar	160	3.5g	.5g	0g	0mg	29g	18g	105mg	3g	2g	1 each
11/25/24	Chocolate Oatmeal Bar	140	4.5g	1g	0g	5mg	23g	9g	75mg	1g	2g	1 each
11/26/24	Chef Choice											